

# Tuning in to Kids

A six session parenting program for parents of children 2 - 12 years

**Would you like to learn how to:**

- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

**This will help your children:**

- have greater success with making and keeping friends
- have better concentration at school
- be more able to calm down when upset or angry

**Where:** 5 Phillip Street, Raymond Terrace

**When:** Thursdays 10am-12pm

**21<sup>st</sup> February to 28<sup>th</sup> February 2019**

**For bookings call 4987 4674**

