



YOUNG PARENTS GROUP



PORT STEPHENS
FAMILY AND
NEIGHBOURHOOD
SERVICES



Health
Hunter New England
Local Health District

FREE GROUP

Young Parents Group is a fun, relaxed space for Young Parents under 25 years and their bubs.

Come along and meet other parents, share your experiences, join in some activities or sit back and take it easy - it's up to you!

No booking needed, just come on down. Runs in school terms (excluding week 1)

For more info, call or text:

**Kayla (PSFaNS) 4987 1331 or
Kaitlyn (Young Parents Network) 0439 750 310**



**Yummy
morning tea
provided**

with a recipe so you
can make at home too

**Thursdays
10am to 12pm
3 Phillip St
Raymond Terrace**

**Transport
Available**