

Tuning in to Kids

A six session parenting program for parents of children 2 - 12 years

Would you like to learn how to:

- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

This will help your children:

- have greater success with making and keeping friends
- have better concentration at school
- be more able to calm down when upset or angry

Where: 5 Phillip Street, Raymond Terrace

When: Thursdays 10am-12pm

13th February 2020 to 19th March 2020

**FREE
CHILDCARE
AVAILABLE**

Limited spaces

For bookings call 4987 4674

