

Tuning In To Kids

A SIX SESSION PARENTING PROGRAM FOR PARENTS OF CHILDREN 2-12 YEARS



PORT STEPHENS
FAMILY AND
NEIGHBOURHOOD
SERVICES



Would you like to learn how to:

- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

This will help your children to:

- have greater success with making and keeping friends
- have better concentration at school
- be more able to calm down when upset or angry



Childminding available
(limited spaces)

WHERE: 5 Phillip St, Raymond Terrace

WHEN: Thursday 18th Feb to 25th Mar 2021

TIME: 10am - 12pm

HOW TO BOOK: Call 4987 4674 to register

Bookings essential