



Psychology at PSFaNS

Information for Referring Agencies

Psychological services are available to PSFaNS' clients. Our in-house Psychology team works with adolescents, adults and children with a broad range of mental health issues. Our Psychologists integrate a variety of evidence-based approaches to help improve mental health and wellbeing. The Psychologists are client-centred therapists, which means that they work collaboratively with the client to tailor an individualised plan to tackle current challenges and struggles. The team provides psychometric assessments and also offer psychotherapy, behavioural planning, early intervention, NDIS access support. They work in close collaboration with local GPs and health providers.

Same-day appointments are available for urgent requests, and initial appointments are generally within 7 days. The team accepts referrals from PSFaNS teams. Priority for our Psychological services is given to those who have no access to any other Psychological services and who struggle to access and maintain connection with services.

We are particularly aware of families who are experiencing homelessness and as such move areas frequently. It is so important for the children in these circumstances to access a quick timely service and gain access to support, eg psychometric assessments, that can then follow them to their next school and they don't miss out on the supports (eg NDIS/extra classroom support) that eventuate from such assessments that is their right.

The team can visit the client in their own home, at one of our centres or an outreach venue.

The team is experienced in working with a broad range of issues including depression, anxiety, grief, relationship difficulties and trauma and resultant behaviours.