

# Tuning In To Kids

A SIX SESSION PARENTING PROGRAM FOR PARENTS OF CHILDREN 4-11 YEARS



PORT STEPHENS  
FAMILY AND  
NEIGHBOURHOOD  
SERVICES



## Would you like to learn how to:

- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

## This will help your children to:

- have greater success with making and keeping friends
- have better concentration at school
- be more able to calm down when upset or angry



Childminding available  
(limited spaces)

**WHERE:**

3 Phillip Street, Raymond Terrace

**WHEN:**

Thursday 16th May to 20th June 2024

**TIME:**

10am - 12pm

**HOW TO BOOK:** Call 49 800 800 to register

Bookings essential

